



**Lake County Dragon Boat Club
Athlete Code of Conduct**

Lake County Dragon Boat Club (LCDBC) expects a high standard of behavior from all of our athletes. We are committed to providing a safe and positive environment for athletes, coaches, and all members of the club. The following guidelines set out the minimum expectations while an athlete is participating in any LCDBC activities (at practice, at a race, or at any LCDBC event where you are representing the club).

1. I represent my coaches, all members of LCDBC and myself at all times.
2. I will adhere to the standards, policies, rules and regulations of the LCDBC.
3. I understand and agree to adhere to LCDBC zero-tolerance policy regarding the use of controlled substances while participating in any LCDBC events. This includes but is not limited to alcohol, tobacco, vaping/e-cigarettes, and any illegal drugs.
4. I will demonstrate good sportsmanship and respect towards my teammates, my opponents, my coaches, other team coaches, event staff, and officials. I will not use obscene or offensive language, gestures or behavior. I will use appropriate language and I will encourage and support my teammates and opponents. I will show respect in my actions and in my words to all people regardless of gender, race, creed, or socio-economic status. I will support my team by supporting my teammates in victory and defeat.
5. I will accept the decisions of my coaches and other officials.
6. I will respect LCDBC property and equipment, as well as the property and equipment of others. I will refrain from activities that could damage any LCDBC and the Lakeside Inn property and equipment. I understand that I am financially responsible for any damage that I cause.
7. I will accept and carry out the instruction of my coaches, event staff and officials in matters including but not limited to race rules, transportation, curfews and accommodations at all races.
8. I understand that conduct which results in harm, potential for harm, or the imminent threat of harm (including bullying, cyber bullying, hazing, harassment, emotional misconduct, physical misconduct,) will not be tolerated and will be grounds for immediate dismissal and membership termination as well as reported to the appropriate authorities.
9. I will operate within the rules of dragon boating set forth by the USDBF, IDBF and the laws of United States of America, and the country, state, province, county and city where I may be participating in an event.
10. I will not represent myself in an official capacity as a representative of LCDBC to the Lakeside Inn, social media, newspapers etc... unless approved by the LCDBC leadership.

I understand that if it is determined that a violation occurred and I was associated with that activity, I will also be considered to have violated the rules and my membership to LCDBC will be terminated.

I have read and understand what is expected of me as a member of the Lake County Dragon Boat Club, and I will abide by the Athlete Code of Conduct.

Signature_____ Date_____

Printed Name_____